



The world we live in today is increasingly filled with problems and complications. We are constrained with daily routines that have us struggling against time, we face conflict with others and with ourselves, and we continuously have to just make do with what we have and what we can get instead of what we want. We are rarely truly happy.

Can we find the joy of living in the world today?

Has true happiness become only a concept?

Can we learn ways to manage modern living so we have time for ourselves and for things that bring us joy?

Can we reduce inter-personal conflicts that drain our energy?

Can we make our lives richer and have our wishes fulfilled?

Yes, we can.

Happiness comes from having the knowledge and abilities to overcome the interferences in our daily lives that obstruct us from attaining our goals and becoming happy.

Wisdom sets us free and when we are free, we are happy.

True happiness comes from having wisdom.

The enlightenment from having wisdom which sets us free and makes us truly happy is not an unattainable concept or idea. It is very real and practising Dorje Shugden is one of the swiftest ways for us to bring true happiness into our lives.

INTRODUCTION

WHO IS DORJE SHUGDEN?

Dorje Shugden is an Enlightened Dharma Protector, the wrathful emanation of Manjushri, the Buddha of Wisdom.

Manjushri is often referred to as the ‘Father of all Buddhas’ and it is said that:

“Enlightenment is not possible without Manjushri.”

There are many versions of Manjushri’s origin and in all of the accounts, Manjushri acquires enlightenment but instead of ascending to become a Buddha, he returns as a Bodhisattva to assist all mankind transcend as enlightened beings.

As the embodiment of all the Buddhas’ wisdom, Manjushri is one of the most important Bodhisattvas and is highly regarded in many traditions of Buddhism. In Sanskrit, his name means “He Who Is Noble and Gentle.” Manjushri has appeared in many forms over the centuries and is known by many names: ‘Wen Shu Shi Li’ in China, ‘Monju Bosatsu’ in Japan, ‘Moosoo Posal’ in Korea, and ‘Jampel-yang’ in Tibet.

Throughout history, Manjushri returns to help us in our spiritual journey lifetime after lifetime, taking on many forms and names. Dorje Shugden is the wrathful form of Manjushri as a Dharma Protector, an Enlightened Being who averts our karmic obstacles in life and helps us achieve our spiritual realisations.

Dorje Shugden manifests in the form of a monk wearing the pure robes of a fully-ordained monk (*bhikshu*), showing that he brings kindness, compassion and generosity towards others. He has a wrathful appearance on his face with three eyes looking at us. The third eye of Dorje Shugden sees the universal truth without limitations and his wrath represents the swiftness and power with which he comes to our aid. He wears a round hat symbolising travel and his swift response to our prayers. In his right hand, Dorje Shugden holds the flaming Wisdom Sword of Manjushri and with his left hand at his heart he holds a wish-fulfilling jewel; for those who invite his help he will grant fulfilment of their wishes. As an emanation of Manjushri, Dorje Shugden is depicted sitting on the fearless lion of ultimate power and surrounded by the flames of *prajna* (‘wisdom’) that burn the obstacles in our path.



Dorje Shugden as an emanation of Manjushri, is an Enlightened Being with great compassion whose purpose also, is to free us from suffering. By engaging in Dorje Shugden's practice, we are granted protection from the negativities in our lives, we are cleared of the obstacles preventing us from having richer lives, and ultimately we achieve a peacefulness of the mind. All things that ease our suffering and lead to a life full of enrichment.

Dorje Shugden's practice is open to all beings, free of race, culture or religion, who avail themselves of his ability to clear the obstacles preventing us from becoming better, kinder people.

THE BENEFITS OF DORJE SHUGDEN'S PRACTICE

Practising Dorje Shugden regularly works miracles, offers powerful protection day and night, and grants our wishes quickly. His practice protects us from danger and harm, helps us develop our skills, wisdom and great compassion, and removes all our obstacles to succeed in life.

1. FOR STUDENTS

As an emanation of the Buddha of Wisdom Manjushri, Dorje Shugden's practice develops wisdom, understanding and clarity of mind. This creates an increase in memory and intelligence necessary for academic success. All students in every level of education, pre-school, primary up to tertiary and beyond will benefit from reciting Dorje Shugden's mantra.

2. FOR CAREER AND BUSINESS

Dorje Shugden is renowned for his ability to bestow wealth, both outer material wealth and inner spiritual wealth, on those who put their trust in him and recite his mantra. He clears obstacles and opens the doors of increase with material resources, opportunities for growth, longevity, spiritual realisations, merit, and all that is good for us to succeed in our careers or businesses.

3. FOR HEALTH AND HEALING

Practising Dorje Shugden is practising holistic healing. His practice purifies our inner spirit and self for both healers and those who seek to be healed. By reciting his mantra, healers will infuse their work with his powerful energy and those in need will experience healing of the mind, body and spirit.

4. FOR PERSONAL DEVELOPMENT

As the obstacles holding our lives back are cleared, so too is the path to fulfilment open to us. Regular practice of Dorje Shugden gives us peace and clarity of mind, strength of health and the material wealth we require to develop our holistic selves to their fullest potential.

5. FOR PROTECTION

Dorje Shugden's practice is our spiritual shield. He protects us from all forms of negative energies, natural disasters and ill-intentioned individuals that wish to harm us. His compassionate wrath is the cure to dispel harmful magic sent our way and grants us protection from obstructing spirits.

6. FOR RELATIONSHIPS

As our lives become richer and fuller with Dorje Shugden's practice, our inner selves achieve calmness and peace of mind, free from anger and jealousy. We become happier and as these energies of joy increase, we begin to affect the people around us in positive ways. Practising Dorje Shugden gives us the gift of bringing joy into the relationships we have with people.

7. FOR SPIRITUAL ADVANCEMENT

Dorje Shugden clears obstacles to and brings us all the conducive conditions, resources and support to have a successful and fulfilling spiritual practice. He clears the way for us to gain attainments, peace and wisdom bringing our spiritual selves closer to enlightenment.

Dorje Shugden's practice is done through the simple form of reciting mantras and through offerings of water, tea or incense. These practices can be done at anytime and by anyone. You do not need to be a Buddhist to recite these mantras. Most important are your sincerity and motivations of your intentions. Practising Dorje Shugden on a consistent and regular basis will increase the swiftness of success.



A SHORT PRAYER TO DORJE SHUGDEN

A Daily Request for Wealth, Peace and Protection

This daily prayer to Dorje Shugden was composed by H.E. the 25th Tsem Rinpoche on Thursday, 26 February 2015 at 2:03am. Anyone may engage in this prayer without specific permission, regardless of faith and in combination with any other practice. Dorje Shugden helps all beings without labels of religion, race, creed or background.

In the heavens there are myriad manifestations of the divine. All those manifestations specifically show us different aspects of divinity in order to be of benefit to all living beings.

All the rupakaya forms of the divine have compassion, skillful means and wisdom. We invoke upon them whether we are happy, sad, down, lost, fulfilled, confused, empty, and during the whole range of emotions we constantly experience due to an untrained mind.

Understanding our nature, Great Wisdom Being Dorje Shugden, therefore all the more so, please hold us close to your bosom as an only child to a parent.

Though the manifestations of the divine need no offerings and gifts from us, we offer you supreme Manjushri Dorje Shugden a libation of tea, incense and mantras, in order to ask you to bless us, to be a part of our lives, to abide in our dwellings and to give us signs, omens and portents of both good and bad. When the negative arises, quell them immediately.

Please increase the positive for my weary and worn mind as I lay my hopes in you.

When difficulties, problems and confusion arise, we ask you, who is but the culmination of all that is powerful, holy and omniscient to bless myself, family, loved ones, environment and even my pets. May I see wisdom, find hope, and be at peace.

I request you, O Divine Protector Dorje Shugden, who wears a round dome hat and the three robes of a saffroned bhikshu, who wields a sword of liberty, justice and wisdom and clutches a wish-fulfilling jewel, who rides on a supreme lion of subjugation of all that is negative, to fulfill my wishes. I understand my wishes may not be the best, so I surrender to your wisdom for the outcome though it may not be what I have in mind. Please bless myself and everyone that we may enter into the supreme city of liberation.

Great Protector Dorje Shugden, I request you sincerely from my heart to be a part of my life, bless my home, and grant me wisdom, solace and comfort, that I might be of service to others without agenda, and that I may focus out onto others and not be fixated on myself, creating more problems for all that I hold dear.

Bless me to become kinder, wiser, more compassionate, tolerant and very forgiving to all those who hurt and love me. In order to become close to you, Dorje Shugden, we must surrender the banal. We must abandon fixed views, projections and rigidity. Lastly, in my final moment when I leave this plane of existence, only the positive actions I have done will matter as everything and everyone will be left behind. Let me realise this and act upon this now! At this crucial moment, please may I have a vision of yourself, the powerful and merciful Dorje Shugden, to take me to where I may course in the sky to continue my journey of spiritual waxing.

I offer you saffron-coloured tea and my faith to fulfill my prayers and gain siddhis.

By reciting your mantra, may healing, peace, love, long life, protection and perfect view of sunyata arise.



MANTRA OF FULFILLMENT, PEACE AND WISDOM:
OM BENZA WIKI BITANA SOHA

*It is good to recite this mantra one rosary or more per day.
Occasionally, engage in retreats where you recite the mantra 100,000 times or more per year, every year.*



The Dharma Protector Dorje Shugden will bless everyone, will help everyone, and will assist everyone on all levels and from all backgrounds. Dorje Shugden is a very unique avatar who has emanated and appeared to remove our problems during this age of Kaliyuga.

May all of you receive peace,
Tsem Rinpoche

